



Residential Pantry and Personal Needs

Many of our residents have limited cooking skills and Fresh Start is working on home economics skills and planning. Basic food items and easy to prepare meals are needed.

Fresh Vegetables and Fruits

*Simple every day foods only

Carrots
Cauliflower/broccoli
Citrus fruits/bananas
Potatoes
Garlic/onions
Lemons

Kitchen/Laundry/Bathroom

Dishwasher pods
Dish washing soaps (dawn is best)
Laundry pods
Scrubbers/sponges/brushes
Dishtowels
Plastic wraps/foil
Large zip-lock and sandwich baggies
garbage bags
Paper towels
Toilet paper
All purpose cleaners/deodorizers

Health and Beauty

Toothbrushes/toothpaste
Dental floss/mouth wash
Body washes /scrubbies
Shampoo/conditioners
Lotions/moisturizers
Combs/brushes
Disposal razors
Feminine hygiene products
Deodorants (unscented)
First-aid kits

*mens and womens items needed

The Grocery Isle

Canned fruits/corn
Soups and chili's
Canned meats/fish
Nut butters/jam/jellies
Pasta and sauces
Juices
Non sugared cereals/oatmeals
Saltines/crackers
Flour,sugars, baking power
Corn starch
Chocolate/butterscotch chips
Muffin mix/corn bread/cake mixes
Bisquick/Pancake Mix
Pancake Syrup
Spices/seasonings/seasonings
Condiments

Home Delivery Services

Fresh Fruit and Vegetables
www.klesickfamilyfarm.com

Milk and Dairy
www.smithbrothersfarms.com

Grocery Delivery
www.shop.safeway.com/OnlineGrocery

Gift Cards

Gift cards help us purchase needed bus passes, work related tools, clothing, and other emergent residential needs.

www.freshstarhousingwa.org

*If you have a favorite recipe that is easy for beginner cooks please share with us!